

Powerful, Natural Ways to Unlock Your Cat's Health



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"We are very clear that we are here to console, to comfort, to be touched, to be amusing - we are aware of that... This is why people who have cats around notice that life can get a bit more peaceful at times, they enjoy that peaceful feeling. We need that for ourselves and we are happy that what we are doing for ourselves actually has a benevolent impact on the human world, too.

"Cats are able to welcome birth in whatever form. If there are cats around and a baby is being born, even if the cat is 30 feet away, the cat will usually go into a meditative state and help to welcome the soul. Cats are good at welcoming the soul as it comes into the body.

"Cats are connected directly to the conscience of human beings. I am referring to a simple factor that you are born with, meaning the desire to do well for others. If they live with you, cats will carry part of your conscience. When you are in strife, your conscience must be cared for and nurtured. They will return it to you in sleep."

From Cat in 'Animal Souls Speak' through Robert Shapiro

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Introduction

Cats have always been part on my life. As a child, my mother often adopted cats for re-homing, after they had had time to adjust from malnutrition and/or ill-treatment. We once had 17 cats!

I'm happy to say that I have surpassed her at various times of my life!

As a natural health practitioner, a homeopath, who treats both people and animals, I am often asked about how best to keep our cats healthy.

This is a complex subject. There are many aspects to consider. Every individual should be considered on their own merit. No two cats are alike and should not be treated this way.

As a result, it is not possible for me to give advice without a consultation.

Every cat, just as every person, has a different history of environmental and genetic factors. This complex combination leads to ill health when it is not treated energetically - ie it is not treated at its core, to undo the damage done.

Too often, veterinary treatment simply suppresses the symptoms. This invariably leads to more problematic ill health down the track, as one problem piles on top of another.

This work is aimed to open up the door for you, to peek inside a whole new world. A world where natural laws prevail, where cats are considered for the worthy beings they are, where problems are whittled down to their basic cause, where any health issue can be fully healed or reversed.

In the early stages, these concepts may feel foreign to you, but as the information percolates down through your consciousness, they will start to feel right, in your gut, your instinct area.

I encourage you to follow the information in the upcoming emails, as it is not easy to change your mind set. It takes time to understand new concepts. It takes repetition to grasp what is, in essence, a logical and natural approach to feline health care.

Once grasped, there is a lot you can do yourself, but generally not before.

The Veterinary Approach to Health

The veterinary approach to health care is along similar lines to the medical approach. Only the physical aspects of the cat is considered. There is no appreciation of the energetic approach. In fact, this side is often vilified.

Yet we are all energetic beings. Consider the difference between a just-deceased person and a very much alive person. Physically there may be little difference - the heart and the breathing may still be continuing in the just-deceased person. But the soul is no longer there. There is no life.

All energetic beings, meaning all living beings, fare best when their health is considered as part of the whole, when their ailments are treated with energy based medicine, when their needs and desires are respected and honoured.

When you don't consider the energetic being, when you only consider the physical aspects, then the approach to health care tends to be suppressive. Instead of appreciating the cause of the problem, drugs are used to suppress the symptoms.

This denies the body free expression. The core problem is never solved. The drug may have side effects we know nothing about. Problems tend to pile up on each other in a cascading effect. The immune system deteriorates. More and more serious illnesses occur. Death comes as a welcome relief at an all too early age.

Instead of looking at what caused a problem, what came before, genetics are blamed for most ailments.

In particular, the vaccine policies are troublesome. Vaccines are not a part of the pharmaceutical industry that are regulated, as are other parts. There are few safety, if any, tests. There are no scientific studies that prove that vaccines are effective or safe, for anyone.

Independent research finds the opposite to be true.

The ingredients of vaccines contain unsafe toxins, including neurotoxins. There are many people now coming out into the open about the serious health problems that resulted from vaccines. Sadly, most adverse vaccine reactions in cats are not told; the cat is simply killed.

You cannot sue the vaccine maker if a human suffers serious adverse reactions, reactions that need life long support. So you certainly can't sue them for such problems in cats.

Veterinary colleges use pharmaceutical and pet food industry representatives as part of their training. This comes as rather biased information, with a vested

interest. As one attorney put it, this is 'evidenced biased' (rather than evidence based) science.

Vets are kept insanely busy during their training. There is no time to question or explore new ideas. On graduation, many have crippling debts to repay. They are trapped.

The frequent visits from the drug companies keep up mantras that 'vaccines are safe' that drugs are 'well tolerated'. It is easier not to question, but to accept. When they do question, they can be labeled a trouble maker and have their licence revoked.

We live in an insane world. In a paternalistic world.

I tell you this because you are your cat's advocate. If you want the best for your cat, you need to know what you are up against.

Many vet clinics will not treat an animal unless they are fully vaccinated. My suggestion is to find another clinic or practitioner that is not so rigid in their thinking. Preferably with a natural health consultant in attendance, such as a homeopath.

Powerful Strategies That Promote Health

Epigenetics is a new science. It looks at the environment to explain health problems. It follows what homeopaths, and other natural health practitioners, have always known.

In essence, it considers the following factors to explain any health problem:

- ☼ diet
- ☼ toxicity
- ☼ traumas, both emotional and physical, and stresses
- ☼ genetics

Let's examine them in more detail.

Diet

Diet is critical to everyone's health. It must be nutritious. It must be healthy. It must be balanced. AND IT MUST BE SPECIFIC FOR THE SPECIES.

Most cats are fed commercial cat food. Yet the majority doesn't fill any of the basic criteria.

- ❖ It is not nutritious as the food is of poor quality and then cooked at very high temperatures and pressures, which adversely alters it.
- ❖ It is toxic, so far from healthy.
- ❖ It can't be balanced as so many 'nutrients' are added later, but these are synthetic, so have limited use.
- ❖ And the killer is that most of the ingredients have no business being in cat food as they are not suitable for the cat species.

Without this daily consumption of good food, health will decline. Sure, it's enough, just, to keep your cat alive. For a while. But it is not healthy.

Toxicity

We live in an increasingly toxic world, with more new chemicals coming on the market all the time. Yet toxins DO have a deleterious effect on everyone's health. Especially, they affect the organs (the liver, the kidneys), which are responsible for filtering them out. When the toxins are coming in faster than they can be eliminated, they are stored in fat cells.

Common toxins include household cleaners, air fresheners and furnishings. In fact, some of these can be so toxic they alone are responsible for conditions such as cancers. This is especially true for the fire-retardant soft furnishings.

Outside cats can suffer from toxic garden chemicals.

But the much more serious toxins, by virtue of their constant ingestion or absorption comes from the food and from veterinary drugs.

Traumas, Stresses

Physical traumas are common. Injuries, bites, cat fights are common in outdoor or indoor/outdoor cats, although less common in exclusively indoor cats.

Emotional traumas and stresses include shouldering the stress of the family, fear from past abuse or stress, coping with a new member of the family, and so on.

When these conditions are minor and/or lovingly supported by a trusted human, they can be healed in an otherwise healthy cat.

But if these traumas are serious, or if they were treated by suppressive drugs or not treated at all, then they can leave an indelible mark on the being who suffered. On-going fear is a common sequel in cats, who are very sensitive beings. This mark can be the start of more problems. We can all appreciate the overwhelming inability to cope with normal life events when we are in a state of terror.

Yet when they are treated with a deep, well selected energetic medicine, the fear can be fully healed, never to return.

Genetics

Genetics does play a part in our health as well as that of our cats. But as you may now be able to appreciate, it is a minor part. And it is more about the expression of disease than the disease itself. What does that mean?

Say ten cats are ill because of the problems outlined above.

1. One may express it as heart disease.
2. Three may express it as some form of kidney failure (a weak link in cats).
3. One may express it as a thyroid imbalance.
4. One may express it as a liver problem.
5. Two may express it as a chronic skin condition (they will be the healthier ones).
6. One may express it as a neurological problem.
7. One may express it as a digestive issue.

They will all have more fleas and worms than is normal for a healthy cat.

Most, if not all of them will have dirty teeth and/or mouth inflammation, eventually causing pain with a reluctance to eat.

If genetics plays only a minor part in health, this is good news. It means your mind goes from accepting your cat has a problem that can't be helped (ie helpless, hopeless, in despair), to a mind set of knowing there are answers out there that can help your cat reverse the problem (ie hopeful, empowered, energised, determined). Regardless of what has come before.

It is amazing what can be cured. Even when a cat is on their 'death bed' as it were, a simple change of diet can bring them bouncing back. The body is truly resilient. All you have to do is to provide it with all the right tools to work efficiently.

Which brings to mind the workings of an engine. If you put the wrong fuel in your car, you will ruin the engine. If you feed your cat the wrong food, you will ruin their health.

Acute Disease Versus Chronic Disease

It's important that you appreciate the difference between acute diseases and chronic diseases.

Acute Disease

Acute diseases or ailments, are those that run for a short time and will heal on their own. That could be an infection, a fever, an abscess, a mild injury; the sort of thing that you might get antibiotics for.

The antibiotics may not be needed as all beings have an innate ability to heal themselves, given the right circumstances.

Some beings, in this case a cat, can't recover from a serious acute disease. Their immune system is not sufficiently healthy. That's when death can occur.

It is normally an acute disease that carries us all off, in the end.

So acute diseases are those short lasting problems that will normally go on their own, but in serious or geriatric cases, can be fatal.

Chronic Disease

Chronic diseases are those which WON'T go on their own. They will remain for the life of the being, in this case a cat. They generally won't kill, but they will cause discomfort.

Examples include arthritis, heart conditions, renal conditions, stomatitis, autoimmune conditions such as diabetes, etc.

Mainstream medicine, including veterinary medicine, isn't very good at healing chronic disease. They can only manage it.

Homeopathy, on the other hand, is very adept at healing chronic disease.

BUT

it takes time.

And this is not something you can treat yourself.

Most people approach me for help with a cat with a chronic condition - often stomatitis or renal failure.

Yes, I can help.

However, please don't think that I can casually suggest a homeopathic remedy, off the cuff.

I NEED A LOT OF INFORMATION TO PRESCRIBE THE BEST HOMEOPATHIC
TREATMENT THAT WILL HELP YOUR CAT.

My work is with consultations.

And it is likely that your cat will need a few.

Normally these are spaced out 4 - 6 weeks apart in the initial stage. As things improve and we are both happy with the progress, they may be further spaced out or even stopped.

People who use homeopathy normally appreciate this.

I need to monitor what is happening and make appropriate changes as necessary.

So to recap, YOUR job is to sort out the diet. Maybe with my help, see the link at the end.

MY job is to reverse those chronic conditions.

In my opinion, this combination is unbeatable.

Final Thoughts

Everything about your cat's health does come down to you. If you like, you are the cause. But please don't blame yourself, as likely you were following guidelines from those you trusted. Which is what they were likely doing. So don't blame them, either.

My work is not intended to tell you what to do. It is not intended to judge you for what you have done. Its aim is to tell you why your cat has a problem and how you can solve it.

Life is a journey.

If we're lucky, we learn from our actions and move on.

So what now? What are the alternatives to the problems outlined here? The upcoming emails go into all this in much greater detail. It is a large and complex subject best taken in small, bite size chunks.

I'm no astrologer, but I am aware that this is the Age of Aquarius. It is the age of truth. No longer can people profit from keeping secrets. Especially when the secrets harm us, our loved ones or our environment.

Corporations have done this for too long. Now it's about people power.

But currently, we are still in the stage of spring cleaning, of clearing out the old. So there is a lot of turbulence, a lot of unrest, a lot of confusion. It will pass. Just hang on!

My work is intended to empower you with new knowledge so you can appreciate what is possible to do yourself, what you shouldn't do yourself and why a professional holistic health practitioner should be consulted and 'kept in your pocket'.

Enjoy the journey and appreciate your cat for their teaching - perhaps the reason for your visit here and willingness to learn the whys and the hows of life.

If your cat is in dire straits and needs help immediately, consider those homeopathic consultations. If you would like to consider my services, we can have a chat first - either via a visit, phone or internet connection. Just email me with your request and time zone at support@naturallyhealthycats.com